

H & H Associates  
H-Bandage  
Overall Score: 4.61  
<http://www.cinchtight.com>

TESTER

Tested by a police officer from Maine

Design 5

Performance 5

Ease of Use 5

Size 5

Quality 5

Durability 5

Storage 5

Versatility 5

Convenience 5

Application 5

Comfort 5

Accuracy 5

Cleaning & Maintenance 5

Individual Score 5

The H-Bandage by H&H Associates is a far cry from the red cross/army surplus bandage of yesteryear. Patterned after the original Cinch Tight bandage, the H-Bandage can serve as a field compression dressing, tourniquet, or sling. The durable elastic wrap is integrated with an 8"x10" ABD pad that is used to stop heavy arterial bleeding. What sets this dressing apart from similar dressings is the unique "H anchor". Essentially, the bandage is placed on the wound site, then the wrap is pulled around the extremity and then looped around the lower H portion, then wrapped back and fed through the upper H portion. With firm pulling and subsequent wrapping, substantial arterial bleeding control can be attained. By rotating the H anchor, further tourniquet bleeding control can be attained. An arm sling is easily fashioned by attaching the velcro end of the wrap onto itself. Unlike other compression dressings, I found the H-Bandage to be extremely rugged and versatile. Most importantly, the bandage is simple in design and application, even for single-handed use. I highly recommend the H-Bandage for every tactical and patrol officer's personal trauma kit.

TESTER

Tested by a police officer from Texas

Design 5

Performance 5

Ease of Use 5

Size 5

Quality 5

Durability 5

Storage 5

Versatility 5  
Convenience 5  
Application 5  
Comfort 4  
Accuracy  
Cleaning & Maintenance  
Individual Score 4.91

The H&H Associates “H-Bandage” is an effective and versatile trauma dressing. The H-Bandage can be used effectively as a combat dressing and a hemostat for arterial bleeding and hemorrhaging in limbs. It can also be used as a sling with added stability.

The design of the H-Bandage allows for one-handed application, making it an excellent choice for a personal “blow out” kit. In fact, after testing this product I have begun pushing to have it included in every team member’s personal trauma kit.

I highly recommend this product as a standard issue trauma dressing for every tactical operator. In my opinion, no medic bag or personal trauma kit is complete without an H&H Associates H-Bandage.

#### TESTER

Tested by a police officer from Illinois

Design 3  
Performance 3  
Ease of Use 3  
Size 5  
Quality 4  
Durability 4  
Storage 5  
Versatility 3  
Convenience 3  
Application 3  
Comfort  
Accuracy  
Cleaning & Maintenance  
Individual Score 3.6

The product for review was the “H”-Bandage© Comprehensive Combat Dressing. This emergency wound dressing features a large gauze pad integrated into an elastic bandage and a plastic “H” anchor used to facilitate added compression to assist in the occlusion of hemorrhage. I found this dressing to work adequately. It was sufficiently simple to self apply in a training setting under minimal stress on a lower extremity, but a bit more difficult to self apply to an upper extremity under the same conditions. I found that while the “H” device facilitated the application of sufficient compression, it in most cases caused the caregiver to release the bandage roll leaving a long length of bandage to get caught up on gear and/or dragged through dirt, blood, etc. In addition, the “H” anchor caused the elastic bandage to bunch up while

generating tension, effectively turning it into a ligature, which made it difficult to effectively cover the wound site. I also found that the small strip of hook and loop fastener provided at the end of the dressing was not sufficient to anchor the end of the bandage. The end needed to be tucked under one of the previous bandage revolutions which, in my opinion, still did not anchor the bandage sufficiently for the environments where this bandage would likely be put into service. With practice, some may find this to dressing worthy of a place in their kit, but it would not be my first choice.

#### TESTER

Tested by a police officer from New Hampshire

Design 5

Performance 5

Ease of Use 5

Size 4

Quality 5

Durability 5

Storage 5

Versatility 5

Convenience 5

Application 5

Comfort 5

Accuracy 5

Cleaning & Maintenance

Individual Score 4.92

I was assigned the task of testing the H&H Associates H-bandage. Anyone that is in the tactical medicine side for a little while has heard of the H&H Company. This company has been around for a while and makes excellent products. The H-bandage is a nice bandage because it allows you to put more pressure over the wound and tightly wrap it. I had the opportunity in the past to use it on a live tissue lab with the military and it worked great. The only thing I would recommend is to wrap the sides after the initial securing. I found that this put more pressure in other areas of the bandage that might be covering another moderate wound. I had the chance to use the bandage on a car accident the other day. The unrestrained driver was over a drainage stream and was thrown on the passenger side bleeding heavily from the large wound on the whole length of his forearm. I was able to apply the dressing and stop the arterial bleeding. I recommend these products to NTOA members